

# REFLECTIONS

HEALTH | LEISURE | SUN TERRACE

## DAY PASS MEMBERSHIP INFORMATION

Thank you for enquiring into our Day Pass Memberships at Reflections Health and Leisure. We are a small leisure centre based in the grounds of Pontlands Park Hotel, in Great Baddow, Chelmsford. Our leisure centre is a Membership Club, but we welcome day visitors to book a Day Pass to use our facilities. When booking a Day Pass, this will cover you to use all the facilities, including both the indoor and outdoor swimming pool & Jacuzzis, small fitness room, sauna, and steam room (please read our Club Rules regarding restrictions for children using some of the facilities). We also have a Café Bar which serves lunch, dinner, coffees, snacks, alcoholic & non-alcoholic drinks. You can dine either in the Café Bar area or around the pools. Please note, we're not a spa, and do not offer treatments, towels, dressing gowns and slippers/flip flops are also not provided, but you are welcome to bring your own.

PLEASE SEE THE DAY PASS MEMBERSHIP PRICES AND TIMINGS BELOW:

DAY PASS MEMBERSHIP PRICES		
Prices are per head	SUMMER (1st April - 30th September)	WINTER (1st October - 31st March)
ADULT (16 years & over) Full Day Pass - Daily	£30.00	£25.00
Twilight Day Pass - Mon - Fri	£15.00	£12.50
CHILD (3 months to 15 years) Child Sessions Only - Mon - Fri	£8.00	£7.00
CHILD (3 months to 15 years) Child Sessions Only - Sat - Sun	£16.00	£14.00

Prices are valid for 2022

DAY PASS MEMBERSHIP TIMES		
Days of the Week	ADULT (16 years and over)	CHILD (3 months to 15 years)
MONDAY TO FRIDAY Full Day Pass	Entry: 11.00am Depart: 6.00pm	Entry: 3.30pm Depart: 6.00pm
Twilight Day Pass	Entry: 6.00pm Depart: Close	N/A
SATURDAY TO SUNDAY Full Day Pass Only	Entry: 11.00am Depart: 6.00pm	Entry: 11.00am Depart: 5.00pm

Please note, our opening and closing times vary over the Christmas and New Year's period, where our exact timings are advised closer to the time.

TO BOOK A DAY PASS, PLEASE VISIT OUR WEBSITE [WWW.REFLECTIONSHEALTHANDLEISURE.CO.UK](http://WWW.REFLECTIONSHEALTHANDLEISURE.CO.UK)

The full amount for the Day Pass will be charged to you at the time of booking, and it is non-refundable and nontransferable. You can book for more than one Day Pass visitor, but the maximum number of guests allowed per party is 8 (including children). If you are a large party, we do advise you to pre-order any food in advance, to make your day run smoothly and allow you to sit and eat together. For a copy of the pre-order Menu, please speak to a member of the team.

All day pass visitors must abide by the Club Rules, which are available to view on our website.

For further information, please call **01245 476333** or email [sales@reflectionshealthandleisure.co.uk](mailto:sales@reflectionshealthandleisure.co.uk)

We look forward to welcoming you soon.



**REFLECTIONS**

At the rear of Pontlands Park

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